

A REPORT
OF
A THREE WEEK VALUE ADDED COURSE
ON
ENHANCE YOUR PERSONALITY
(22-03-2021 TO 11-04-2021)

Dr. (Mrs.) Agnese Dhillon
Principal
Chief Patron

Dr. Harpreet Kaur
Dr. Puneet Kooner
Assistant Professors
Course Director

Mrs. Charanjit Kaur
Assistant Professor
Convener

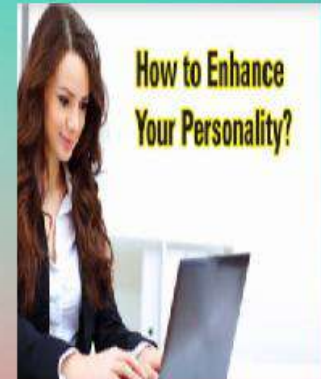
Dev Samaj College of Education, sector-36 B, Chandigarh

Presents

A three week value added course



- Starting on 22nd March 2021
- Platform: Google classroom
- Certificates will be provided to everyone on completion of this course.



*Registration
Free*

Duration of the course:- 3 weeks

Mode of Interaction:- Online Google classroom

Synchronous Mode:- Google Meet

Asynchronous Mode:- Google classroom

Note: You can access this course with G-Suite Email IDs only.

Course Title: Enhance Your Personality

About the course

Every individual has his own characteristic way of behaving, responding to emotions, perceiving things and looking at the world. No two individuals are similar. Personality development helps an individual to gain confidence and high self esteem, building capacities and nurturing talent. Individuals tend to develop a positive attitude as a result of personality development. Working productively as a member of a group is not as easy as it might seem. The concept of group dynamics will also provide learners with the strengths, success factors. Infusing the personality development in the curriculum of teacher education is the need of the profession for it to be successful. Keeping all these points in view Dev Samaj College of Education is offering a Course on Enhance your Personality.

Duration of the course: 3 weeks

Program Learning Outcomes

The program aims to enable the learners to improve their own personality.

Course Learning Outcomes

After going through the course learners will be able to

1. understand the concept of Personality
2. understand the theories of Personality
3. develop positive attitude.
4. deal effectively with social groups.

Contents:

The program will be of 3 weeks duration consisting of 6 modules.

WEEK 1

Module 1: Introduction to Personality: Concept of Personality, Sigmund Freud's Psychoanalytic theory , Carl Jung 's theory of personality, Contribution of Famous figures towards personalities

Module 2: Build your personality: How to build strong personality and be successful?

WEEK 2

Module3: Build up positive attitude: Attitude: Concept, components and factors affecting attitudes. Ways to develop positive attitude.

Module 4 Group Dynamics: Meaning of group dynamics, Characteristics of a group, Stages of group formation.

Week 3:

Module 5: Group Dynamics II: Types of groups, group behaviors, Factors affecting group behaviour.

Module 6: Activities related to personality development

Final Test: The final test will be of 50 marks. The test will consist of 25 Multiple choice type of questions carrying 2 marks for each question. It is compulsory to get 40% marks (i.e. 20 marks) in the final test to earn a certificate of successfully completing the course.

Mode of Interaction: It will be conducted through online learning mode. Google classrooms will be used as LMS. The content will be uploaded every week on this LMS as per schedule given above. Students will go through the course material. They will also be given assignments or quizzes every week.

Cost: The course is free of cost.

Certification: Certificates of successfully completion of the course will be awarded to the participants securing at least 40% marks in the final test and submitting at least 80% of the assignments or quizzes which will be given to them every week.

Important Dates:

Registration starts	18-03-2021
Registration ends	20-03-2021
The course starts on	22-03-2021
Date of final test	11-04-2021

Dr. Agnese Dhillon
Principal
(Chief Patron)

Dr. Harpreet Kaur
Dr. Puneet Kooner
(Course Director)

Mrs. Charanjit Kaur
(Convener)

**WEEKLY SCHEDULE OF THREE WEEK
VALUE ADDED COURSE**

ON

“ENHANCE YOUR PERSONALITY”

(22.03.2021-11.04.2021)

WEEK-1	<ul style="list-style-type: none">• Introduction about the Course• Concept of Personality• Psychoanalytic Theory of Personality• Carl Jung theory of personality• Contribution of Famous figures towards personalities• How to build strong personality and be successful?• QUIZ 1
WEEK-2	<ul style="list-style-type: none">• Attitude: Concept, components and Factors affecting attitudes.• Ways to develop positive attitude (Part 1)• Ways to develop positive attitude (Part 2)• Group Dynamics Part 1• QUIZ 2
WEEK-3	<ul style="list-style-type: none">• Group Dynamics 2• Group Dynamics 1 and 2 content• Assignment• Final Test• Feedback Form