

Yuv Satta –NGO

## **12th Global Youth Peace Fest GYPF 2017 (27 September to 2 October 2017)**

NSS Units of Dev Samaj College of Education in collaboration with **Yuvsatta (an NGO)** is working in a variety of areas to steer the young people towards implementing Gandhian ideals of Constructive Programme based on voluntary effort and individual and community action. Yuvsatta's work to promote the spirit of volunteering amongst the generation next, to bridge the barriers of race, colour, religion, nationalities plus fill in the gender and economic divides by empowering the young people is more timely than ever. Each day the headlines demonstrate the human cost of this divide. Each day the hatred and distrust grow. Now is the moment to leverage this opportunity, to address this ever-more-dangerous global divide. In so many ways our world is shrinking. And there are ever-increasing opportunities to connect with people on the other side of the globe, but generally these opportunities are squandered. To create a more just world by empowering young change makers from around the globe, Yuvsatta organizes the famous annual Global Youth Peace Fest- GYPF, in which a combination of cross cultural learning workshops, volunteer service and youth activism is aligned with the work of grassroots NGOs, policy makers, and other stakeholders. Dr.Richa Sharma and Mrs. Charanjit Kaur along with students of Peace Club participated in the Annual Global Youth Peace Fest- GYPF,2018. This Fest provided a platform for the development of cross cultural understanding and universal brotherhood. Various activities took place during this five day long fest such as group discussions, panel discussions, workshops, cultural performances and a 'Walk for Peace' at Sukhna Lake, Chandigarh.





## January 24, 2019 National Girl Child Day Celebrations

NSS units in collaboration with peace club of Dev Samaj College of Education in collaboration with Yuvsatta (an NGO) celebrated the National Girl Child Day by organizing a fest “Soar High, Touch the Sky”. Dr.(Mrs.) Agnese Dhillon ,Principal along with Chief Guest Mrs. Damley from Bombay inaugurated the fest by tying pink turbans on the heads of students as a symbol of respect and dignity of girls. The staff and students proudly wore pink and pledged to extend their support to stand against bullying, harassment, intimidation and disrespectful behaviour towards the girl child. The fest concluded with a kite flying competition.







## Nature Walk

February 15, 2019

NSS units of Dev Samaj College Sector -36, Chandigarh participated in the nature walk organized by National green Corps Eco club program in collaboration with Yuvsatta and Department of Environment, Chandigarh Administration which took place in the Forest and Wildlife Department, Chandigarh. Students were made aware about the animals, plants and insect species present in the forest by Mr. Pramod, Coordinator, Yuvsatta and other members



and gave a lecture on creating and preserving the sustainable nature. All the students enthusiastically participated in the nature walk and were provided with refreshments & gifts supporting the theme, Natural Environment. The students and the members of organisation travelled about 1.4 + 3.5 km of distance in the two Trails of the forest and the program ended by igniting the students' minds with love for nature.



## **Interactive Dialogue on Peace at Peoples Convention Centre, Sector 36, Chandigarh**

March 02, 2019

NSS volunteers along with Ms. Rajbir Kaur, NSS Program officer and Mrs. Charanjeet kaur, Assist. Prof. attended participated in Interactive Over 100 elderly people and youngsters joined hands to raise voice for Indian ethos of humanism and peace. This interactive dialogue was organized by Peoples Convention Centre, Yuvsatta-an NGO, FOSWAC & NSS Unites Dev Samaj College of Education, Chandigarh. The programme started with a two minutes silence for all Indian and Pakistani soldiers and people killed during recent conflict at Kashmir border followed by Prayer 'Bhla Chahna Mnushya Matra Ka' by the Vlounteers. In the welcome address Baljinder Singh Bittoo, Chairman of FOSWAC said that India today is facing so many problems at all fronts be it illiteracy, poverty, hunger, malnourishment, unemployment, bad infrastructure, lack of housing, degrading environment and instead of talking on real issues political parties are raising bogey of religion and nationalism for no sane reason. SK Setia, former bureaucrat added that this hate and war mongery had no place in Indian history, we are known world over for our values and spirit of 'Vasudhev Kutumbkam -living in harmony with man and nature alike'. And its high time that all



peace living majority people should come forward and demand peace, harmony and development from political masters.

Taking part in the discussion Reeta Kohli, a senior lawyer said that during any conflict it's the Women and children who are often the most vulnerable and prone to being hit the hardest. And throughout history we see examples of terrible abuses against women and children. So nobody can understand better than women the value of peace and harmony in society and globally, especially in context of India-Pakistan relations.

Shalini a student of Dev Samaj College of Education was of the view that young people should consciously censor the media channel, social media and newspapers and they should responsibly use or forward any story after verifying that its correct and doesn't promote any ill-will, hate or anger against any particular group or set of people.

Pramod Sharma, Coordinator of Yuvsatta added that in this 150<sup>th</sup> anniversary year of Mahatma Gandhi and in the present atmosphere of hate and war mongery, we have to spread the spirit of living with love, hope and forgiveness for lasting peace and harmony not only in India and Pakistan, but whole of South-Asia.

Mr. AS Paul of Peoples Convention Centre was of the view that India should readily accept the offer of Imran Khan to hold bilateral talks for peace and harmony. As diplomatic parlays, on the other hand have always borne fruits for both

sides. Efforts must be made to bring people closer to each other. The region will flourish. Brainstorming by sensible people from both sides will also eventually zero in on a viable solution to the Kashmir imbroglio.

In her concluding remarks Prof. Gurdev Kaur, former Principal of Government College of Derrabassi, quoting Sahir Ludhianvi said that in a *war*, there are *nowinners*. War leaves behind a legacy of plain losers. We don't gain a thing by launching wars, we just lose everything. Those who advocate for war are either totally naïve and ignorant about the repercussions of war between two nuclear armed countries or they ride on emotions fanned by people with vested interest in fuelling the armed industry further.



#### **INTERNATIONAL ONLINE QUIZ ON MAHATMA GANDHI (02.10.2020)**

NSS Units and Peace Club of Dev Samaj College of Education, Sector- 36B, Chandigarh celebrated 151<sup>st</sup> birth anniversary of the Father of the Nation, Mahatma Gandhi on 2<sup>nd</sup> October, 2020. The day was celebrated by organizing an online International Quiz from 10 AM to 12 PM, in collaboration with Yuvsatta (Youth for peace) NGO.



**NSS Units & Peace Club**  
of  
**Dev Samaj College of Education, Chandigarh**

In collaboration with  
**Yuvsatta (youth for peace) NGO**

Cordially invite you to join and spread the spirit of  
Peace & Nonviolence among youth with an  
**International Online Quiz**  
on  
**Life & Works of Father of the Nation: Mahatma Gandhi**  
Celebrating his 151<sup>st</sup> birth anniversary on  
**October 2, 2020**

**Link for the quiz:-**  
<https://docs.google.com/forms/d/e/1FAIpQLScJBsYwwJc-aRi-dGxxsOuZ0Bavf5U-f2duAfDs2oGcCpmZw/closedform>

**“All the four stages in a man's life are devised by the seers  
in Hinduism for imposing discipline and self-restraint.” - Mahatma Gandhi**

The highlight of the event was that the quiz was held in several foreign countries such as Dubai, New Zealand, Indonesia, Canada, UK, Australia, USA, besides India. The aim of the quiz was to spread the spirit of peace and non-violence among the youth through the “Life and Works of Father of the Nation.” Around 600 students enthusiastically participated in the online quiz. Not only this, the students who scored 75% and above were given E-Certificates for the same.

The Principal, Dr (Mrs.) Agnese Dhillon congratulated the organizers Mrs. Charanjit Kaur and Dr. Harpreet Kaur, NSS Officers and Dr. Richa Sharma, Incharge of Peace Club for their joint efforts in making the event successful.

#### LIST OF PARTICIPATING INSTITUTIONS IN INTERNATIONAL QUIZ

INTERNATIONAL	NATIONAL	
1. Udayana University	1. Institute of Educational Technology and Vocational Education, P.U.	20 Govt. College of yoga Education and Health
2. York university	2 .Govt. College of Commerce and Business admn. Chd.	21.I.S. Dev Samaj School, Chd
3. BITS PILANI	3. Rayat college of Education	22 Satluj Public school
4. Oxford College	4 Dev Samaj 36	23. Govt. Home Science College
5. Deakin University	5 Lucknow University	24. APS, Chandimandir
6. University of Manchester	6. SGGS , sec 26	25. DAV, Sec 10

7. DPS	7.National institute of Nursing, PGI	26. GCG 42
8. Langara College	8. Indo Swiss Training Centre	27.Ignou, Dev Samaj
	9. Shivalik Institute of education and Research	28. Sharda Social welfare trust
	10 .Sri Guru Gobind Singh Khalsa College, Mahilpur	29. Dr. Harvansh singh judge Institute of Dental sciences
	11 St. John's High School, Chd.	30.DAV University
	12. A.S. College Khanna	31. PEC
	13. B.C.M. Ludhiana	32.S.D. College. Se 32
	14. GCE, sec20	33.St. ANNES, CHD
	15. St. Edwards	34Deptt of Ayurveda
	16. NALSAR, University of Law	35. CCET, Chd
	17.Govt. sr. sec. school, Jalalabad	36. BMPS, Banga
	18,MCM DAV	37. CHd. University
	19.Brahmrishi yoga Training	38. Govt. Polytechnic, sec 10
		39 GMSSS, sec 16



# MEDICINAL PLANTS AND HERBAL GARDENS

**STATE LEVEL SEMINAR ORGANISED JOINTLY BY MEDICINAL PLANT BOARD,  
UT, CHANDIGARH, YUVSATTA – NGO AND ECO CLUB OF DEV SAMAJ COLLEGE  
OF EDUCATION, SECTOR 36 B, CHANDIGARH**

On 12.3.21

Eco club of Dev Samaj College Of Education, Sector 36 B, Chandigarh in collaboration with Medicinal Plants Board, UT, Chandigarh and Yuvsatta (Youth for Peace)- NGO organised one day state level seminar on “**Medicinal Plants and Herbal Gardens** ” in the college premises. The seminar started with registration of participants from various schools and colleges including teachers, students. The participants were served breakfast and soon after they were seated in college auditorium for the lecture. Dr. (Mrs.) Agnese Dhillon extended floral planters to the worthy chief guests, Sh. Debendra Dalai, IFS officer, CEO CREST, UT Chandigarh administration and Guest of Honour, Dr. Abdul Qayum , IFS Additional Director Science And Technology, Additional CEO Solar, CREST Chandigarh Administration.



**Dr. Agnese Dhillon extending planter thanks to Sh. Debendra Dalai**

Dr. Madan Gulati, Gold Medalist, MD Ayurveda, Directorate of AYUSH, Chandigarh, Dr. Navtej Singh, Distt. Extension specialist(SM), Punjab Agricultural University Ext. Center, Chandigarh were the keynote speakers of the session. The chief guests Sh. Debendra Dalai, IFS officer and Dr. Abdul Qayum, Additional CEO Solar presented the floral thanks to both the keynote speakers.





**Dr. Abdul Qayum presenting planter to the keynote speaker Dr. Madan Gulati**



**Dr. Abdul Qayum presenting planter to the keynote speaker Dr. Navtej Singh**



Further, Dr. Richa Sharma, Associate Professor, DSCE welcomed the keynote speakers and teachers from various schools and colleges.



**Dr. Richa Sharma welcoming the various participants from different colleges and teachers**

The seminar started with the presentation on “Bringing Health With Herbal” by Dr. Madan Gulati. He laid strong emphasis on the use of the medicinal properties of herbal plants to keep the health problems at bay. He mentioned that each plant within the reach of our sight have one medicinal use or the other. He discussed about herbal properties of plants such as Amla (Aamalki) – Emblica Officinalis can reverse the ageing process, good for eyes, Bael to be consumed in ripe form for the bowel remedies and Ulcerative Colitis, Arjun which is also known as Paarth can help prevent Uclers; Baheda – which can prevent diabetes, brings blood pressure under control, prevents sedentary lifestyle diseases, Alovera is commonly used for the beautification of the skin, to treat PCOD, dandruff, Cyst, weight issues, balance metabolism, Nirgundi helps in treating menopause syndrome, backache problems, wheat allergies, Neem is widely known for its medicinal properties such as purification of blood, worm infestation, diabetes mellitus, skin diseases and consuming it’s fruit Nimolee can treat Piles, Amaltas – can help cleanse the stomach, Ashwagandha (Indian Ginslong) powder can be used to mental stress/ depression, insomnia, senile disability, Giloya is known as miracle drug for all types of fever such as viral, swine flu, blood cancer, platelet count, arthritis, Bhrami is known as memory booster hub, vacha- can be used to treat epilepsy, stammering, Punarava can treat Hepatitis B, liver problems, Tulsi is effective to treat the chest congestion and is popularly known as Queen Of Herbs, Haldi is best because of its anti-allergic, anti-histamine, antiseptic properties. Also, he



suggested to grow herbal plants in the kitchen garden thereby, providing natural remedies of various diseases easily accessible at home.



**Dr. Madan Gulati lecturing on Medicinal Plants and their use**

**Session II** of the seminar was followed by presentation given by Dr. Navtej Singh on the topic "Scope of Aromatic, Medicinal and Spice Crops". He threw light on the ecological imbalance in the nature and current scenario of fragile ecosystem. He further discussed that Mother Earth has provided solution to each possible problem can be reversed but within some given time frame but effects cannot be reversed in the final stages. He further added that basic knowledge of Ayurveda must be granted to each one so that home remedies can be put to use. He laid emphasis on importance of time that humans have disturbed the crop cycle. He referred to various examples to clearly explain such as: Alphonso mango tree which was planted in Maharashtra did not yield any crop yield because the desired temperature and humidity levels required were not met. Earth has provided specific space and time for each plant to flourish but human interference is creating imbalance in the food cycle. The session was really informative and concluded on the note that "Life is all about the balance".

Further, presentations were given by Eco Club Incharges of various colleges and schools. Post graduate government college for girls, Sector 42 had actively organised

Herbal Garden activities such as artificial lake cleaning, maintaining the hygiene of village Khajeri. Dr. Anita Nangia of Dev Samaj Eco Club emphasized the importance of vegetables and fruits. She believes that there are four kingdoms namely Kingdom Of Inanimate, Kingdom Of Vegetables, Kingdom Of Animals, Kingdom Of Human Beings and one should maintain harmonious relationships with these kingdoms. Eco Club Of Dev Samaj had plants grown in waste milk pouches.



**Dr. Anita Nangia emphasizing on the importance of home grown food**

The garden is maintained by both students and teachers. Activities such as mass tree plantation drive, Environmental rallies are frequently organised to spread the awareness in the society. Furthermore, St. Joseph's Sr. Sec. School informed the use of Herbal Garden as a tool in teaching methodology. They draw their motivation from John Keats, as caregivers and eco-warriors to develop a sense of responsibility and sensitivity towards flora, for this Bio-diversity day is also celebrated. In this teachers and gardeners are trained from time to time to develop better understanding of the herbal plants.





Poster presentation by teachers of different schools and colleges



Also, they informed about the different activities being conducted like green corners are constructed around the premises, street plays are organised to spread awareness in

large part of the society, veggie bags are made out of the waste material available at home. The result of their efforts won them the first position in **State level Wipro Earthian Project**. The Government Model Sr. Sec. School has taken up various initiative such as distributing 12,000 plants free of cost to various sections of society to inculcate the importance of environment, vermicompost pit is installed to convert the biodegradable waste into manure which is further used in plants, water harvesting is also setup to collect the water during rainfall, herbarium is used to store the seeds of various medicinal plants. St. Stephen's have formed "Nature's Glory Eco-Club" which comprises of more than hundred varieties of medicinal plants which is spread over two thousand seven square feet area, thousand plant samplings have been distributed in the last three months. Experts are invited to train students and teachers through offline and online mode, students are provided training to form vertical gardens, organic farming and pesticides also known as bio-pesticides.



Teacher explaining the activities performed by the students of the Nature's Glory Eco Club



Next presentation was by government Modern Senior Secondary School 18C . The name of the botanical garden in their school is **Aarogya Vatika**. Home secretary Anurag Aggarwal inaugurated it. The landscaping has been done in the garden, it is in round shape which represents Ashok Chakra or the shape of the Earth. Its said that a person who loves plants loves others. There are three Heritage trees in the school campus which are 160 years old. Two of them are Banyan trees and the third one is the Peepal tree. Students sit and study under their canopy.

The last presentation was that of the Carmal Convent School Sector 9 . They have maintained their herbal garden with a unique idea. They have used QR codes which link it with the school's eco club website. It provides the detail information about the medicinal plants. They are also experimenting with 3D models.

After the presentations Dr. Neeru Malik, DSCE, Chandigarh gave the vote of thanks .

The honorable Guest of Honour Dr. Abdul Qayum IFS, DCF, department of Forests and wildlife and Addl. CEO, CREST, Chandigarh Administration. Dr. Qayum told the gathering about e- charak a website launched by Ministry of Ayush. Sir has done his PhD in medicinal plants. He told that there are some plants that can keep the mosquitoes that can spread malaria away by just planting them in the vicinity. He also congratulated yuvasatta for connecting all the school and colleges together and bringing them on one common platform. All this information enriched the experience.

Shri Debendra Dalai, IFS, Chief executive officer, Medicinal Plants Board, CCF cum Director , Department of Environment, CEO, CREST, U.T Chandigarh Administration was the chief guest. He is the IFS officer of 1999 batch. He appreciated the work done by Mr. Pramod ji by looking after the workings of all the eco clubs throughout Chandigarh. He recognised Dr. Madan Gulati the living legend. He raised the slogan back to basics and back to nature. Chandigarh can be the torch bearer for the entire country as Chandigarh has 46% green cover and 200 km of cycle track. It will soon have the tallest air purifier. Monitored by the air monitoring station. But this is not the end here one should have the attitude of miles to go before I sleep. Soon the schools in Chandigarh will see the School Nursery Yojana. 35 schools will be covered by it. Dr. Dalai is an IFS officer so he also mentioned that more than 98 % of medicinal plants are sourced from the wild while around 1%are cultivated.



Dr. Abdul Qayum interacting with the audience



Dr. Abdul Qayum enlightening the audience with knowledge of medicinal plants





**Award presented to principal and Eco club members**

Finally, awards were distributed to the principals and in charges of the Eco Club for maintaining the Herbal Gardens.



**Memento distribution to teachers for their valuable contribution to the society**





Chief guests presenting momentos to teachers of different schools and colleges





**Group photograph with the chief guests and principal of Dev Samaj College of education Dr. (Mrs.) Agnese Dhillon and teachers of various schools and colleges**



**Audience standing for college prayer**

