REPORT ON:

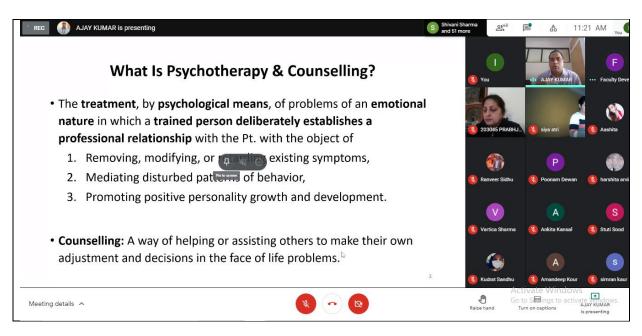
WEBINAR: THERAPUTIC PROCEDURES IN COUNSELLING AND PSYCHOTHERAPHY

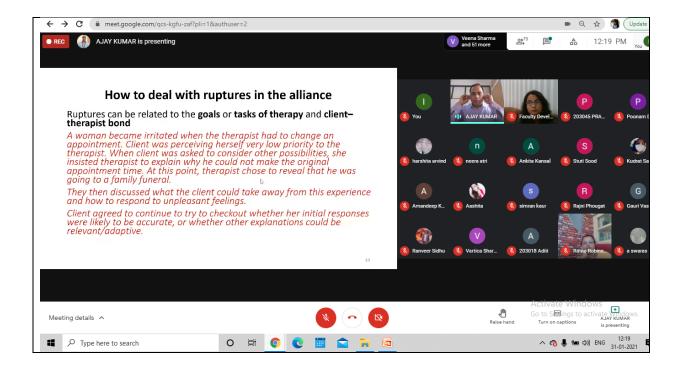
NAME OF THE ORGANIZATION: PLANET PSYCHOLOGY DATE: 31st JAN 2021

All the information and organizing was done under the guidance of Dr. Shilpa Suri and Dr. Nidhi Soni (directors of planet psychology, SCO 376 SECTOR 37D)

SPEAKER: Dr. AJAY KUMAR

Dr. Ajay Kumar enlightened the participants about the psychotherapy, it's meaning, types, and technique in detailed and also explained the importance of counseling, also discussed about the varieties of psychotherapy and significant variable that influences psychotherapy. He also discussed about the various supportive therapies like Guidance, Tension Control, Milieu Theraphy (Enviormental Adjustment, Sociotherapy), Externalization of Intrest, the Creative Art Therapy and So On.





WORKSHOP ON RESEARCH PAPER WRITING

Venue: Main Hall, Dev Samaj College of Education, 36B

Date: 29th November, 2021

Dev samaj College of education sector 36, Chandigarh held one day workshop on research paper writing in collaboration with Planet Psychology, a leading training and consultancy for psychological services.

Dr. Shilpa Suri an eminent psychologist and director of the institute Planet Psychology was invited as a resource person. She shared nuances of research paper writing with the participants by explaining step-by-step procedure to undertake research and statistically analyze the findings.

The students understood the nitty gritty of writing empirical and theoretical papers as per the APA guidelines. The resource person shared the avenues of undertaking research and the prospects of getting the papers published in National and international journals. The insightful experience instilled a sense of initiative and confidence among the students to take up research seriously.

The students actively participated in the session by formulating research problems, exploring their areas of interest and clarifying doubts about the roadblocks.

Mrs. Karuna Singh, faculty Dev samaj college and organizer of the program delivered the keynote address and lauded participants for their enthusiasm and

eagerness to explore opportunities in the field of research and counselling psychology.

